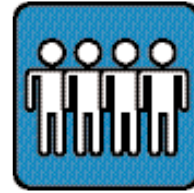


The Personal Evolution Project



The Personal Evolution project has explored options for creating a simple, accessible and fun guide that can enable young people make personal progress. The action research will be used to create a website that can usefully structure people's wisdom and life stories in ways that help more people achieve change more effectively.

The process began by conducting workshops and study groups in schools and groups in South Africa and Dublin, and informally, in Egypt and Palestine to identify the issues young people are conscious of as being the obstacles to achieving change. Also identified were ways of interacting in the World that enabled people to naturally make progress where others got stuck. Through both of these areas, the website has been oriented to help youth transform their perceived stops into practical steps to enable them to change and grow and integrate useful ways of thinking in their behaviour.

The website will be called 8st8.com and will use the 8 abbreviations to encourage young people to particip8, narr8, illumin8, deb8, medit8, cultiv8. Initially, the website will begin



with an 8 week guide to personal evolution, using a fun, experiential and participatory process for youth to apply and integr8 principles of personal evolution in their lives.

Underlying this process, through youth changing themselves, the bi-product is smarter planetary change and evolution, one wiser person at a time.

The website will be up and running from the 20th of June.

